

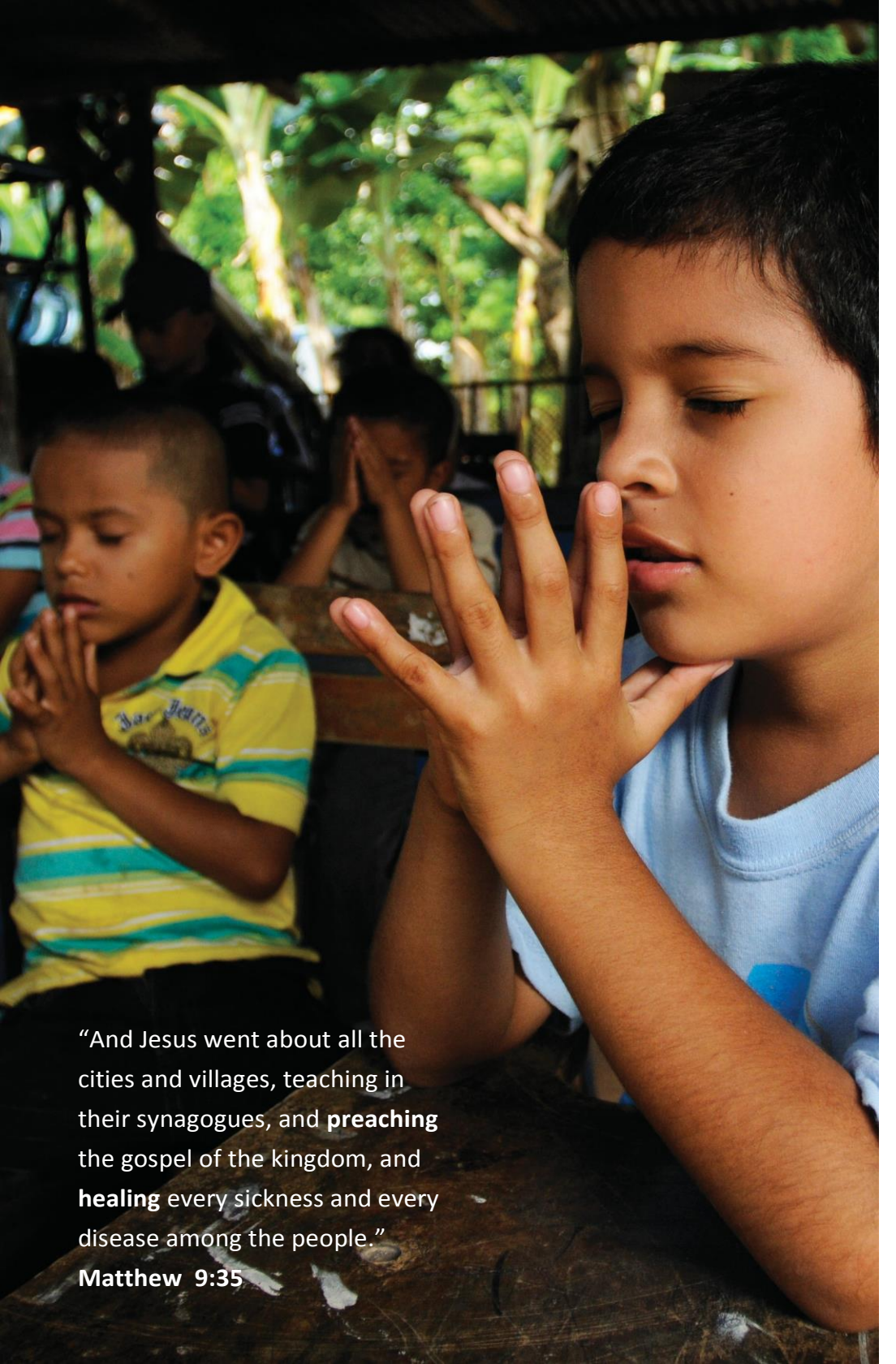


one
week
of your life
can **change**
theirs forever

BMDMI

MORE THAN MEDICINE

Central America Edition • www.bmdmi.org



“And Jesus went about all the cities and villages, teaching in their synagogues, and **preaching** the gospel of the kingdom, and **healing** every sickness and every disease among the people.”

Matthew 9:35

Who is BMDMI?

Baptist Medical & Dental Mission International is a Christian non-profit organization that has been serving the physical and spiritual needs of the poor for more than 40 years. Our headquarters is located in Hattiesburg, Mississippi and our ministry focuses on the Central American countries of Honduras, Nicaragua and Guatemala, also the Southeast Asian country of Nepal.

BMDMI is made up of volunteers just like you. And of course we have staff and missionaries to help coordinate all the mission work.

Do I Have to be Baptist to Participate?

We welcome the involvement of our Christian brothers and sisters from denominations of like faith. At the back of this brochure you will find our doctrinal statements to see what we believe and teach.

Does it Cost Anything to Go on a Team?

Yes. Each team member pays his/her own expenses including your airfare, certain team expenses and the BMDMI team fee. The total cost per team varies from team to team, depending on your place of departure as well as miscellaneous team expenses designated by the Team Captain.

In Central America, each team member can expect to pay approximately \$1,700 - \$2,000. Nepal might range \$2,000-\$2,500. This covers all of your travel, accommodations and meals while you're in country. We also have full-time staff and missionaries on the field to take care of any emergency that might arise. You're in good hands!

How Do I Sign up?

If you know which team you'd like to go with, just contact the Team Captain directly to get an application form and instructions on how to proceed. Or you may look at the schedule of teams located on our website at www.bmdmi.org. Click on the date of any listed team to see additional information and/or contact the Team Captain.

If you need help finding a team, just contact us at our office in Hattiesburg; we'd love to help you. Our contact info is located on the back of this brochure.

Why is this

Life is Truly Hard for Many

It's hard to come face-to-face with the fact that half of the world's population struggles to exist on the equivalent of \$2 day or less. But it is a reality for many people – and many of them live closer than we imagine. With billions living in poverty, we can't stand by and hope it will get better on its own.

Can I Really Help?

While one person cannot change the whole world, many of us working together can make a HUGE difference in the lives of those in great need. At BMDMI, our heart is to share the love of Jesus and meet the physical needs of the poor living in Central America.

We've been sending volunteers to Central America and Asia to be the hands and feet of Christ for many years. But we can't do it alone; we need and want your help! We need all kinds of folks - medical professionals, dentists, teachers, preachers, cooks, support workers, children's workers, construction workers and many more.

The Big Question!

Would you be willing to give a week of your life to go to Honduras, Nicaragua, Guatemala or Nepal on one of our Short-term Mission teams?

If so, read on! You will bless many and be blessed yourself.



What is expected of a team member?

The primary purpose of our Mission is to proclaim the Gospel of Jesus Christ. As a BMDMI team member you must:

- Profess Christ as your personal Savior
- Be willing to support the doctrinal beliefs of BMDMI while on the field
- Be willing to serve where needed on the team
- Be willing to abide by the BMDMI dress code
- Refrain from the use of tobacco products, alcohol or profanity while on the mission trip (including the flights to and from the field)
- Be modest and Christ-like in your behavior with other team members and people we serve
- Complete a BMDMI team application and sign our covenant and release forms

Please know that BMDMI reserves the right to decline any application for team membership for any reason, but not limited to, theological differences or personal behavior/appearance deemed incompatible with its ministry and testimony. BMDMI will arrange for the early return (at the team member's expense) to the United States of any team member that does not adhere to each of these requirements.

for doctors, nurses, dentists, pharmacists & veterinarians...

If you are a doctor, dentist, nurse, pharmacist or veterinarian and you will be using these skills on the mission field, you must also submit the following documents to your Team Captain no later than 16 weeks prior to the mission trip:

- A copy of your professional diploma
- A copy of your CURRENT annual license
- A clear copy of your passport's information page
(your passport photo's facial features must be clear)

Only those professionals for whom BMDMI has obtained permits from the governments of Nicaragua or Honduras will be allowed to practice on the mission field. It is imperative that you submit these requested documents (and perhaps others as requested) in the time frame stated above.

What does the team do while in a village?

Each village team is assigned a village in which to serve. While in the village, team members stay busy providing a variety of ministries and services, including:



- Medical clinic
- Dental clinic
- Eyeglass clinic
- Pharmacy
- Adult evangelism
- Children's ministry
- Clothing & shoe distribution
- Food distribution
- Team Kitchen
- Construction
- Veterinary ministry

On average, each BMDMI mission team has 45-55 members and will provide services to 2,000-3,000 villagers!

What is the schedule like?

Day 1: Fly to Central America with your team and then spend the night at the Mission Home or team house

Day 2: Travel to your assigned village; set up the various ministries and programs and get ready to begin! Attend an evening worship service.

Day 3: First full day of service in your assigned village! You'll be working from about 7:00 a.m. until 5:00 p.m. After dinner, you'll join the people of the village for evening worship.

Day 4: Same as Day 3

Day 5: Same as Day 4

Day 6: Travel back to the Mission Home or team house; visit the Good Shepherd Children's Home and School (Honduras) or The Emmanuel Home of Protection (Nicaragua).

Day 7: Sightseeing and souvenir shopping.

Day 8: Fly back to the States with your team.

What does a team do in Nepal?

On April 25, 2015 a major earthquake killed 10,000 people, left almost one million people homeless and devastated large portions of Nepal. BMDMI has had a significant presence in relief efforts. The initial relief efforts have concluded and hundreds of temporary housing units, as well as several permanent structures, have been built. Now we continue our evangelistic efforts by establishing relationships with Christian Churches and government agencies.

Teams traveling to Nepal meet specific needs as identified and presented by BMDMI Missionaries. Some of these team ministries are quite difficult and require a lot of physical stamina. Some require several hours of backpacking in high altitudes to reach remote villages where the team will be ministering. Careful planning with BMDMI and the evaluation of team member's physical condition and stamina are of great importance.

Some of the short term mission opportunities in Nepal are:

- **Medical Teams serving in the capitol city of Kathmandu (LOW Difficulty)**
- **Medical Teams serving in remote villages of Nepal (MEDIUM Difficulty)**
- **Construction Teams serving in remote villages of Nepal (MEDIUM Difficulty)**
- **Evangelism/Pastoral Training teams serving in remote villages of Nepal (HIGH Difficulty)**

Teams traveling to Nepal may not exceed 15 total team members.



What does a team do in Guaimaca?

What your team does in Guaimaca depends a lot on what area(s) of ministry you feel called to do and the skills your team members have. However, we can break the possibilities down into several main team types:

Surgical Team Ministry: The Surgical Team ministry is comprised of volunteers that travel to Guaimaca to provide a variety of surgeries to Hondurans at BMDMI's Baptist Medical Specialties Clinic. These teams usually consist of 15-35 team members and include the following personnel: surgeons, nurses, anesthesiologists, nurse anesthetists, scrub techs, and other support personnel to operate the autoclave, transport patients, and tend to the spiritual needs of the patients and their family.



Mountain Team Ministry: The Mountain Team ministry is comprised of volunteers that travel to Guaimaca to provide basic medical/dental care and a variety of other services to Hondurans in remote villages surrounding the town of Guaimaca. These teams usually consist of the following personnel: doctors, nurses, dentists, pharmacists, pastors, children's ministry workers, and other support personnel to help with food and clothing distribution, adult evangelism, etc.



Other Guaimaca Ministries: Several other team ministry options include: clean water distribution, veterinary medicine, construction, evangelism (door- to-door, VBS), and rice and beans distribution.

In reality, a team may choose to have components from each of these different areas of ministry. For example, a surgical team may choose to offer VBS as well as do construction. The skills and passions of your team members will determine which services you provide during your time in Honduras. We'll be happy to discuss all these options as you begin to design your own team.

What is the schedule like?

While the type of team you have will determine exactly what the schedule will be, the following will give you a general idea:

Day 1: Fly to Honduras with your team and travel to the Baptist Hospital in Guaimaca where you will sleep each night.

Day 2: Surgery teams will prepare their operating rooms and begin evaluating surgical candidates. Non-surgery teams begin their daily ministry and then return to the Hospital for evening meal and sleeping.

Day 3: Surgery teams begin performing surgeries. Non-surgery teams continue their daily ministry.

Day 4: Same as Day 3

Day 5: Same as Day 4

Day 6: Same as Day 5

Day 7: Sightseeing, souvenir shopping, visit the Good Shepherd's Children's Home and spend the night at the BMDMI Mission Home in Zamorano.

Day 8: Fly back to the States with your team.

Your team may attend worship services at the local church on Sunday.



Teams serving at our Children's Homes

Teams serving at the GSCH or EHP will minister to the children who reside at the Home. Each team may choose which activities they wish to lead, and we can help design a trip that will best use the gifts and abilities of your team members.

There are approximately 85 children who reside at the GSCH where they receive the basic necessities of life – food, clothing, shelter, education, and lots of love! The GSCH shares property with the Good Shepherd Christian Academy, which serves more than 130 students.

The EHP in Nicaragua is home to approximately 25 girls and babies, who reside at the home. They receive basic necessities of life, medical care, counseling, education and are taught life skills.

Suggestions for activities offered to the children include, but are not limited to:

- Sewing classes
- Bible trivia
- Sports Sessions
- Sports Tournaments
- Movie nights
- Baking cookies / Cooking
- Crafts
- Community service projects
- Evangelism or other ministries in local villages
- Puzzles, Legos, jump rope, and MORE!



The bilingual program at the Good Shepherd Christian Academy has grown exponentially, with several classes now being taught in English. The school welcomes teachers from the United States each year to volunteer as part of the LEAD Teacher (Lead, Equip, Assist, and Disciple) Program.

SAMPLE CHILDREN'S HOME SCHEDULE:

The weekly schedule is adaptable, depending both on your team's abilities and the current needs of the GSCH or EHP. This schedule shows what your week might look like.

Day 1: Arrive in Country and travel to the Good Shepherd Children's Home or Emmanuel Home of Protection. Meet everyone and have dinner in the evening.

Day 2: Begin activities you plan to share with the kids, and lessons or classes with them.

Day 3: Spend the day tutoring the kids, helping them with their English as well as teaching them Biblical knowledge.

Day 4: Same as Day 3

Day 5: Same as Day 4

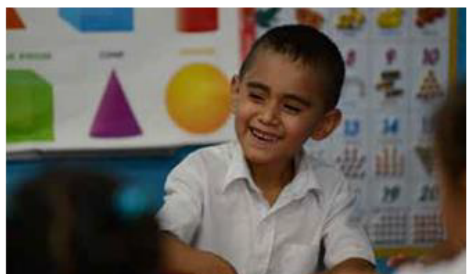
Day 6: Visit the local villages

Day 7: Sightseeing and shopping.

Day 8: Fly back to the States with your team.



**Your team may attend worship services at the local church on Sunday.*



What should I pack?

- A sweater or light jacket for cool evenings
- Insect repellent and/or mosquito netting
- Moist towelettes for quick cleaning
- Antibacterial hand gel
- Shower shoes, small mirror, toiletries, towels, washcloths
- Two flat sheets, pillow, blanket or sleeping bag
- Personal medications
- A roll of toilet tissue in case of emergency
- Small can of Lysol
- Flashlight with batteries
- Small umbrella or compact rain gear
- Ear plugs
- Camera
- Copy of your passport in your suitcase

Additional Items may be recommended by your team captain, depending upon the date and location where your team will serve.

Are there things I shouldn't take?

We strongly suggest you do not bring the following items. BMDMI will not be responsible for any losses or damage to the following:

- ✓ Expensive or flashy jewelry. Consider leaving your diamond jewelry at home.
- ✓ Any piercing jewelry other than modest earrings. *Only ladies may wear earrings.*
- ✓ Large amounts of money. Ask your Team Captain how much you should bring and bring it in 1s, 5s and 10s.
- ✓ Laptops, Tablets, MP3 players or other electronic equipment.

What am I allowed to wear while on the trip?

Most Christians living in remote villages dress very conservatively. In an effort to “become all things to all people,” (1 Cor. 9:22) BMDMI requires team members to dress in a manner that honors the culture/style of these believers. Therefore, you must adhere to the following requirements.

Ladies: You may wear pants, capris, dresses, or skirts. You should plan on wearing a dress or skirt to church. Tops may be sleeveless, but spaghetti straps are not allowed. All clothing should be modest and free of any questionable designs. No shorts are to be worn outside the privacy of your sleeping area; please do not leave the sleeping area without changing your shorts to appropriate clothing first.

Men: You must wear long pants at all times when outside the privacy of your bedroom in the village and at the Mission Home. T-shirts are fine, though anyone preaching at a church service should wear a shirt with a collar at that time. All clothing should be modest and free of any questionable designs.

Exceptions:

- **Village teams:** If pre-approved by your Team Captain, “scrubs” may be worn by those working in the clinics, surgery and the pharmacy during clinic hours. (However, ladies must change back into a skirt/dress before attending the evening worship service.)
- **Guaimaca teams:** While on the grounds of the hospital, everyone must wear long pants. Ladies can also wear capris, dress or skirt. Those working on surgery teams may wear scrubs.
- **Children’s home teams:** While on the property may wear long pants and/or shorts that do not fall more than two inches above the knee. Shorts should be modest and not tight fitting. On travel and sightseeing days, pants are required. All clothing should be modest and free of any questionable designs.

Additional Suggestions: Clothes should be comfortable, cool and casual. Shoes should be chosen for comfort and suitability for walking on rough terrain. A long bathrobe will be helpful when going to and from the showers. You will need to pack sufficient clothing for the duration of your trip as you will not have access to laundry facilities.

things you must know...

Following is miscellaneous information that you need to know as you prepare for the trip. Please read over these carefully and contact your Team Captain or our Hattiesburg Office if you have any questions.

- You must have a valid passport that will not expire within SIX months of your scheduled mission trip. The airlines will not allow you to fly without this six-month validity standing on your passport. You may apply for a passport at the U.S. Postal office in your area or by visiting the U.S. Postal website at www.usps.com
- People with chronic medical conditions, late term pregnancy, and those who have recently had surgery should seek advisement from their provider before participating on a team because of the remote locations, difficult traveling conditions and village terrain.
- Check with your physician to see if he/she recommends any vaccinations or immunizations. The Mission does not require any inoculations at this time though we do encourage you to be up-to-date on your tetanus vaccination. Team members traveling November – April are encouraged to have a flu shot at least 6 weeks prior to departure



What's the weather like?

The climate in Honduras is usually very warm in the day and cool in the evenings, especially if it rains. In Nicaragua, it is usually very hot during the day and cool in the evenings. Guatemala is mild to warm during the day and cool at night. Nepal depends on the area and altitude you are serving. Be sure to bring a sweater or light jacket for the evenings. The hottest months are March-May and the rainy (cooler) season normally begins in June and lasts through the end of the year. Rain gear is suggested during the rainy season.

Do I have to speak Spanish?

The official language in Central America is Spanish; in Nepal it is Nepalese or Hindi. The Mission will provide translators to accompany your team, so you don't have to speak the language yourself.



“Also I heard the voice of the Lord, saying, **Whom shall I send, and who will go for us? Then said I, Here am I; send me.**” **Isaiah 6:8**

Doctrinal Statements

- 1) The Inspiration of the Bible:** We believe the Bible is the verbally inspired Word of God. (Jer. 30:2, II Timothy 3:16, II Peter 1:20,21)
- 2) The Person of God:** We believe God is supreme in His person, eternal in His being, absolute in His attributes, glorious in His perfection. We believe in the Trinity. (Gen. 1:1, Isa. 6:1, Deut. 6:4, Matt. 6:9)
- 3) The Person of Jesus Christ:** We believe in the virgin birth of Christ, His deity and sinless life, His vicarious death, His bodily resurrection, and in His personal, premillennial return. (Matt. 1:18,20, II Cor. 5:21, I Cor. 15:3-4)
- 4) The Person of the Holy Spirit:** We believe the Holy Spirit is the Third Person of the Godhead. We believe that He executes the plan of God for our conviction and salvation. From the time of conversion, the Holy Spirit resides in the body of the believer and empowers him/her for His service. (Col. 2:9, Matt. 10:16, John 14:16)
- 5) The Fall of Man:** We believe that man was created in the image of God and by choice fell into sin and death. Hence, every person is sinful and under condemnation to eternal judgment. (Gen. 2:16, Gen. 3:1,7, Rom. 5:6,11)

- 6) The Salvation of Sinners:** We believe that the salvation of sinners is wholly of grace, and that Jesus Christ is the only way of salvation. (Eph. 2:8,9, John 3:16, John 5:24, John 3:36)
- 7) The Freeness of Salvation:** We believe that the blessings of salvation are made free by the Gospel to all who repent of their sins and accept Christ as their personal Lord and Savior, and that nothing prevents the salvation of the greatest sinner but his own inherent depravity and voluntary rejection of the Gospel. (Rom. 3:24, Eph. 2:8,10, Titus 3:5)
- 8) The Security of the Believer:** We believe that those who receive Jesus Christ as their Savior are eternally secure. Our security rests on the finished work of Jesus Christ. As a result, we have assurance. (II Tim. 1:12, Rom. 8:35,39)
- 9) The Doctrine of the Church:** We believe that the visible church is a congregation of baptized believers, practicing New Testament principles, believing its doctrine, observing its ordinances, and exercising its autonomy. (Matt. 16:18, Eph. 3:10,11, I Cor. 3:11)
- 10) The Doctrine of Heaven and Hell:** We believe in the eternal blessedness of the saved in Heaven and the eternal punishment of the lost in Hell. (I Thes. 4:13, John 14:1,6, Matt. 25:31,46, Rev. 20:10,15)
- 11) The Doctrine of Sexuality and Marriage:** We believe the Bible teaches that the term “marriage” has one meaning only, and that is marriage designed, established, and sanctioned by God which joins for life one man and one woman in a single, exclusive covenant union as clearly described in Scripture. It is God's unique gift revealing the union between Christ and His church and providing for the man and the woman in marriage the framework for intimate companionship, the proper channel of sexual expression according to Biblical standards, and the means for the procreation of the human race. We deny that the God-ordained institution of marriage is subject to re-definition as merely a civil institution or simply a private matter.

We believe that in order to preserve the function and integrity of the BMDMI, and to provide a biblical role model to church members and to all to whom we seek to minister, it is imperative that all persons employed by BMDMI in any capacity, or who serve as volunteers, should abide by and agree to this Statement on Marriage and Human Sexuality and conduct themselves accordingly. (Matt. 19:4-6, Gen. 2:18-24, Mark 10:6-9, Prov. 18:22)



Notes

Notes

Team Activities Department



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